

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SEPTEMBER SUICIDE PREVENTION AWARENESS MONTH	 NATIONAL SELF-CARE AWARENESS MONTH	1 10:00 Coffee Hour 2:00 Billiards 5:30 C'est Tout	2 10:00 Exercise 2:00 Canasta 4:00 Social Hour	3 11:00 Word Cafe 1:00 Mahjong 7:00 Sheepshead	4 10:00 Coffee Hour 2:00 Cribbage	5 10:00 Chair Yoga 1:00 Dominoes
 WE WILL BE CLOSED ON LABOR DAY	7 Labor Day - OFFICE CLOSED 10:00 Exercise 1:00 Phase 10 6:30 Bingo	8 10:00 Coffee Hour 2:00 Billiards 5:30 C'est Tout	9 10:00 Exercise 2:00 Canasta 4:00 Social Hour	10 10:00 Monthly Fire Alarm Test 11:00 Orange Shoe Fitness 1:00 Mahjong 7:00 Sheepshead	11 9.11 Patriot Day 10:00 Celebrations & Coffee Hour 2:00 Cribbage	12 10:00 Chair Yoga 1:00 Dominoes
 Happy Grandparents Day First Sunday after Labor Day	14 10:00 Exercise 11:00 Music: David Adler 1:00 Phase 10 6:30 Bingo	15 8:45 Walking Group 10:00 Coffee Hour 2:00 Billiards 5:30 C'est Tout	16 10:00 Exercise 1:00 Financial Talk with Len Meske 2:00 Canasta 4:00 Social Hour	17 11:00 Orange Shoe Fitness 1:00 Book Club 1:00 Mahjong 7:00 Sheepshead	18 10:00 Coffee Hour 11:00 Smits Travel Talk 2:00 Cribbage	19 10:00 Chair Yoga 12:00 Residents Hamburger Lunch 1:00 Dominoes
 WORLD ALZHEIMER'S DAY—SEPTEMBER 21	21 10:00 Exercise 1:00 Phase 10 6:30 Bingo	22 10:00 Coffee Hour 11:00 Packers Historian: Jim Rice 2:00 Billiards 5:30 C'est Tout	23 First Day of Fall (Equinox) 10:00 Exercise 2:00 Canasta 4:00 Social Hour	24 11:00 Orange Shoe Fitness 1:00 Mahjong 7:00 Sheepshead	25 10:00 Coffee Hour 2:00 Cribbage	26 10:00 Chair Yoga 1:00 Dominoes
 NATIONAL GOOD NEIGHBOR DAY - SEPT 28	28 10:00 Exercise 10:00 The Morning Blend 1:00 Bryson Reid Fashion Show 1:00 Phase 10 6:30 Bingo	29 10:00 Coffee Hour 2:00 Billiards 5:30 C'est Tout	30 10:00 Exercise 2:00 Canasta 4:00 Social Hour	 September is Healthy Aging Month	 SEPTEMBER NATIONAL SERVICE DOG MONTH	 NATIONAL HISPANIC HERITAGE MONTH